

ALAMEDA SOCCER CLUB
BAY OAKS SOCCER CLUB
GRASS VALLEY SOCCER CLUB
MONTCLAIR SOCCER CLUB
OAKLAND SOCCER CLUB
PIEDMONT SOCCER CLUB
ROCKRIDGE SOCCER CLUB
WEST OAKLAND SOCCER CLUB
6114 LA SALLE AVENUE #424, OAKLAND CA 94611

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INCLUDED ARE 2009 JLYSSL CLASS 1 & 3 TRYOUT SCHEDULES, FEBRUARY PRE-TRYOUT CLINICS AND JLYSSL U6-U8 PLAYER/COACH ACADEMY



SEE INSIDE FOR:

- ***FREE* FEBRUARY PRE-TRYOUT PLAYER CLINICS**
- **CLASS I AND III SOCCER TRYOUT INFORMATION**
- **NEW U6 & U8 PLAYER AND COACH ACADEMY**



**2009 CLASS 1 & 3
SOCCER TRYOUT SCHEDULES
PLUS NEW U6-U8 TRAINING PROGRAM**

- **JLYSSL COMPETITIVE SOCCER INFO –**
 - WHAT IS CLASS 1 & CLASS 3 SOCCER?**
- **JLYSSL PRE-TRYOUT CLINIC FLYER (FEB '09)**
- **NEW U6 & U8 PLAYER AND COACH TRAINING ACADEMY FOR ALL LEVELS (SPRING '09) FLYER**

TRYOUT SCHEDULES

- **CLASS I TRYOUTS**
 - BAY OAKS SC**
- **CLASS III TRYOUTS**
 - ALAMEDA SC – SELECT**
 - GRASS VALLEY SC – VIPERS (see their website)**
 - MONTCLAIR SC- CLIPPERS**
 - OAKLAND SC - SELECT**
 - PIEDMONT SC - HIGHLANDERS**
 - ROCKRIDGE SC - STING**



JLYSSL Competitive (Class I and Class III) Soccer Tryouts

The Jack London Youth Soccer Sports League (JLYSSL) supports three levels of youth soccer.

| JLYSSL Competitive Soccer | |
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| Class I (U9-U19) Club | Class III Clubs (U10-U19) |
| Bay Oak SC (Previous Class III soccer experience is not required) | Alameda SC – Select Grass Valley SC – Vipers Montclair SC – Clippers Oakland SC - Select Piedmont SC - Highlander Rockridge SC – Sting |
| Class I Competitive Soccer <ul style="list-style-type: none"> ➤ This is the highest level of competition for U9-U19 players ➤ Teams are selected by a try-out process and Class I tryouts are first (U9-U14) ➤ Age groups are age-pure starting at U9 to U19. New is a U21 summer program ➤ Players train, develop and play with and against the best players and teams in Northern California in GSSL & NorCal ➤ Requires travel throughout Northern California, as well as limited number of tournaments in Northern & Southern California. Older teams may travel further ➤ Commitment is 8-10 months of training and play, depending on the age group and coach ➤ Highly qualified and experienced coaches, supported by Club Coaching Directors ➤ Participation at this level takes dedication, perseverance and hard work ➤ Teams play in Fall and Spring Seasons. Dedicated team breaks are scheduled for players to rest from weekly training and games ➤ Financial commitment includes registration fee, tournament fees, training and uniform costs. Our scholarship program ensures everyone can play | Class III Competitive Soccer <ul style="list-style-type: none"> ➤ This level is the next step up from Class IV for U10-U19 players ➤ Teams are organized by each JLYSSL club through a try-out process. ➤ Age groups are U10, U12, U14, U16 and U19. ➤ Improve soccer skills, play more competitive games, enjoy soccer on a new level playing CYSA District IV ➤ Requires some travel throughout Alameda and Contra Costa Counties, as well as limited travel in Northern California for tournaments ➤ Commitment involves 4-7 months of training and play depending on the team, age-group and coach. ➤ Coaches are mostly parent coaches with help from outside professional coaches ➤ Participation is required in the Fall and optional in the Spring, Summer and Winter months ➤ Fall season runs August through November, with an optional March through May Spring season ➤ Financial commitment varies between clubs. Check the club websites. |

| JLYSSL Recreational Soccer |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Class IV Clubs (U6-U19) |
| Alameda SC / Grass Valley SC/ Montclair SC Oakland SC / Piedmont SC / Rockridge SC |
| Class IV Recreational Soccer <ul style="list-style-type: none"> ➤ Entry level of soccer from U6-U19 ➤ The majority of children in JLYSSL play in this division ➤ No tryouts are required. Check www.jlysl.org for links to registration details for each club |

Selection Process for Competitive Soccer— Class III and Class I

- Players participate in a tryout process (tryout flyers enclosed):
 - U9-U14 tryouts start February 28th for Class I and March 7th for Class III
 - U15-U19 tryouts for Class 1 start April 13th and Class 3 start March 7th (before the Class I tryout. However, if a player gets accepted to play Class I, he/she can choose where to play)
- Players should train and condition a few weeks before the tryouts. JLYSSL sponsors free pre-tryout clinics with the help of the Class I Bay Oaks directors and the Class III Coordinators/Coaches. Find details in the enclosed Pre-Tryout Clinics flyer.

Why Choose Competitive Soccer

If your child is interested in developing his or her skills, playing with and against the very best soccer players in the region, and your family has the time and ability to commit to competitive soccer, players should come and try out. The experience of trying out for Class I or III soccer is excellent for player development even if they do not make the team. It gives them a chance to learn what it takes to play at the next level, see the class 1 and class III coaches at work and get to know new players.

If you have any questions about Class III or Class I competitive soccer, please don't hesitate to contact your JLYSSL Class III club coordinator or contact the Class I Bay Oaks Coaching Directors. Find contact information at www.jlyssl.org.

Please note that financial aid is available for all our JLYSSL programs and our goal is that no child should be denied the right to play competitive soccer for lack of financial resources. Find scholarship information at all tryout sessions.

What is JLYSSL's Aim (Goal, Focus, Future)?

JLYSSL's goal:

Provide the very best soccer experience we can for those JLYSSL players with the talent, desire and commitment to play at the next level of competitive soccer.

JLYSSL's focus:

We focus on individual player development with the youngest players and coach players to become cohesive teams using the sport of soccer as a means to teach them about life.

JLYSSL's future:

Develop players with the required fundamental soccer skills to enjoy playing the game for a long time. Many of our JLYSSL players represent or would like to represent their high schools. A good number go on to play in college or community college and a lucky few have the honor of representing their state (Northern California) and regional (West Coast) teams and even the country through the U.S. Men's or Women's National Teams. Ultimately, we are looking for our JLYSSL players to enjoy the game for a life-time and eventually become coaches and come back to our programs to give back to the JLYSSL soccer community.

2009 SOCCER PRE-TRYOUT CLINICS

Conducted by
Bay Oaks Directors
and JLYSSL Club Coaches

Sponsored by
JACK LONDON YOUTH SOCCER SPORTS LEAGUE



Featuring
GLENN VAN STRAATUM (Bay Oaks, Director of Coaching)
PETER HAYTON (Bay Oaks, Technical Director)
JON NISHIMOTO (Bay Oaks, Assistant Coaching Director)
MARK GRODY (Bay Oaks, Club Goalkeeper Coach)

With JLYSSL CLUB COACHES from
Oakland SC, Rockridge SC, Piedmont SC, Alameda SC, Montclair SC and GrassValley SC

Players

1. Clinics offer players a chance to prepare for Bay Oaks tryouts and the Jack London Class 3 Tryouts in late February and early March. Sessions are for both Field players and Goalkeepers.
2. Invited are all Jack London players from the Oakland, Piedmont, Rockridge, Alameda, Montclair, Grass Valley and Bay Oaks soccer clubs. If you are not yet associated with a JLYSSL club you can attend if you live in any of these areas.
3. Please bring a soccer ball, cleats or turf shoes, shin guards, and some water.

FRIDAY EVENING CLINICS in FEBRUARY

(FOR BOYS AND GIRLS U8-U14)

***Clinics dates are on Fridays FEBRUARY 6th, 13th, 20th, 27th
Raimondi Park (Turf Field) in West Oakland***

4:15 TO 5:30 pm – Under 8 to Under 10 – Born between 8/1/99 – 7/31/02

5:30 TO 6:45 pm – Under 11 to Under 12 – Born between 8/1/97 – 7/31/99

6:45 TO 8:00 pm – Under 13 to Under 14 – Born between 8/1/95 – 7/31/97

In case of heavy rain please check www.jlysl.org or call 812-6051 for possible cancellations.
Directions to Raimondi Park: in West Oakland bounded by 18th and 20th streets and Campbell and Woods. Two blocks from corner of Mandela Parkway and West Grand Ave.

WORLD-STAR SOCCER CLINIC

Sponsored by



Featuring

Julie Foudy



**2X World Cup Champion & USA National Team Captain / 3X Olympic Medalist
US National Soccer Hall of Fame 2007**

All JLYSSL female soccer players (ages 10 -18) from the Oakland, Piedmont, Rockridge, Alameda, Montclair, Grass Valley and Bay Oaks soccer clubs welcome!
[Suggested donation \$10 per participant]

PROGRAM

March 8, 2009

Bladium

(800 West Tower Avenue, Bldg #40, Alameda, CA 94501)

9:00 am: Registration (Pre-Registration at <http://www.sportability.com/jlyssl>)

9:30 am - 11:30 am: Soccer Clinics (girls ages 10 - 18)*

11:30 am - 12:15 pm: Julie Foudy Inspirational Talk & Autograph Signing**

12:15 pm - 12:45 pm: Lunch**

* Older JLYSSL girls to lead clinics for younger girls. Julie Foudy may lead a portion of the clinics.

** Parents Welcome

Proceeds go towards the JLYSSL Scholarship Fund and scholarships for JLYSSL girls to attend the Julie Foudy Sports Leadership Academy, July 26-31, St Mary's College, Moraga



JLYSSL U6 Coaches and U8 Player and Coaches Academy Program

JLYSSL is pleased to announce its new U8 Soccer Training Academy Program for Spring 2009. League Coaching Director Glenn Van Straatum has put training program that will provide key soccer skills youngest players. Our U8 programs will now have professional trainers who can establish core, skills in young players, so they can have more fun the game of soccer.



together a training a the benefit of fundamental when they play

Registration Cost

- \$10 for Academy T-Shirt – (**Register at** <http://www.sportability.com/jlysl>)
- Cost is **Free**: JLYSSL league pays for the Coaching Instructors in the introductory year

Calendar (6-8 Week Program)

1. March –May - Starts Mar 23rd and Ends May 31st
2. Academy Dates - March 23, 25, 30, April 6, 8, 13,15, 20, 22, 27, 29, May 4, 6, 11,13, 18, 20, 25, 27

Training Structure

1. 2 trainings per week – 1 hour and 15 minutes per session
2. Monday 4:30 pm – 5:45 pm (All groups combined) – Central Location – (TBD)
3. Wednesday 4:30 pm – 5:45 pm (Groups separated by Age group) – (TBD)

Tournaments

1. Three Academy / Street Soccer 4v4 Tournaments (small-sided games)
2. Open to all Academy players only. Groups will be divided into age-appropriate teams
3. Academy Tournament Weekends: March 28/29th, April 25/26th, May 23/24th (either Sat or Sun)

U8 players from all JLYSSL teams can join the U8 Academy, while all U6-U8 coaches are invited to join the coaching component of the Academy.

“The U6-U8 coaches and players represent the foundation of our future,” says Coaching Director Glenn Van Straatum who heads up the program on behalf of the league. The program will allow players to learn individual ball skills, work on becoming excellent dribblers and have a lot of comfort on the ball. Participating U6-U8 Coaches will learn by actively working with groups of players (not necessarily their own players).

In the **player component of the Academy program**, players will be coached by experienced licensed coaches to learn individual moves. Small sided games will put those moves to work. At the fundamental level, games

will be 1v1, 2v2, 3v3 or sometimes 4v4. Our goal is to increase the number of touches per player in a small sided game environment.

In the **coaches component of the Academy program** the U6-U8 coaches will work with a licensed Coaching Instructor to learn the approach of their age-groups and the coaching points and games that enable players to excel.

The U.S. Soccer Federation's [Player Development Guidelines](#) point out that "At the younger ages (6 to about 10), soccer is not a team sport. On the contrary, it is a time for players to develop their individual relationship with the ball." "You can learn the tactical side of the game later," says Landon Donovan. "But if you don't learn at an early age to be good on the ball, then it's just useless. Do not demand that the more confident players share the ball. Encourage them to be creative and go to goal. Do the same for the rest of your players."

Coaching Staff

1. Academy Coaching Directors
2. U6 Academy Coach Instructors
3. U8 Academy Coach Instructors

Coaching Staff – Training Schedule

- Monday: Academy Directors lead session with U6 and U8 Academy Coaches supporting
- Wednesday: U6 and U8 Academy Instructors lead sessions with Academy Directors supporting
- Tournaments: Academy Coaching Directors, U6 and U8 Academy Instructors and coaches working together

Glenn Van Straatum is [JLYSSL Coaching Coordinator](#) and Director of Coaching for [Bay Oaks](#). Watch the [JLYSSL web site](#) for more info on this training

For Online Registration please go to

<http://www.sportability.com/jlyssl>

Sign Up Today !!



Class 1 and Class 3 Tryout Schedules

- **CLASS I TRYOUTS**
 - BAY OAKS SC**

- **CLASS III TRYOUTS**
 - ALAMEDA SC – SELECT**
 - MONTCLAIR SC- CLIPPERS**
 - OAKLAND SC - SELECT**
 - PIEDMONT SC - HIGHLANDERS**
 - ROCKRIDGE SC - STING**

BAY OAKS 2009 TRYOUT SCHEDULE - (BOYS TEAMS)

PLEASE CHECK THE BAY OAKS WEB SITE AT WWW.BAYOAKS.NET OR CALL: 510-812-6051 PRIOR TO YOUR TRYOUT DATE FOR ANY CHANGES IN DATES, START TIMES, FIELD CHANGES, OR POSSIBLE RAIN OUT.

TRY TO ATTEND ALL TRYOUTS DATES. PLEASE CONTACT THE COACHES IF YOU CANNOT ATTEND A TRYOUT. COACHES CONTACT INFO IS AVAILABLE AT WWW.BAYOAKS.NET.

PLAYERS MUST WEAR SHIN GUARDS. Register free for try-outs at <http://www.sportability.com/bavoaks>

| AGE GROUP | DAY/DATE | PLACE | TIME | |
|-------------------|----------------|------------------|---------------|-----------------------|
| U9 Boys 2 teams | Sat. 2/28/09 | Alameda Point #1 | 9:30 – 12:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 10:00 – 12:00 | |
| 8/1/00 – 7/31/02 | Mon. 3/02/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U10 Boys- 2 teams | Sat. 2/28/09 | Alameda Point #1 | 9:30 – 12:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 10:00 – 12:00 | |
| 8/1/99 – 7/31/00 | Mon. 3/02/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U11 Boys -2 teams | Sat. 2/28/09 | Alameda Point #1 | 11:30 – 2:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 12:00 – 2:00 | |
| 8/1/98 – 7/31/99 | Tues. 3/03/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U12 Boys | Sat. 2/28/09 | Alameda Point #1 | 1:30 – 4:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 2:00 – 4:00 | |
| 8/1/97 – 7/31/98 | Wed. 3/04/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U13 Boys-2 teams | Sat. 2/28/09 | Alameda Point #1 | 3:30 – 6:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 4:00 – 6:00 | |
| 8/1/96 – 7/31/97 | Thurs. 3/05/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U14 Boys | Sat. 2/28/09 | Alameda Point #1 | 7:30 – 10:00 | |
| Born between | Sun. 3/01/09 | Alameda Point #1 | 8:00 – 10:00 | |
| 8/1/95 – 7/31/96 | Fri. 3/06/09 | Alameda Point #1 | 4:00 – 6:00 | |
| U15 Boys | Mon. 4/13/09 | Alameda Point #2 | 3:30 – 6:00 | |
| Born between | Wed. 4/15/09 | Alameda Point #2 | 4:00 – 6:00 | |
| 8/1/94 – 7/31/95 | Mon. 4/20/09 | Alameda Point #2 | 4:00 – 6:00 | |
| U16 Boys | Mon. 4/13/09 | Alameda Point #3 | 3:30 – 6:00 | |
| Born between | Wed. 4/15/09 | Alameda Point #3 | 4:00 – 6:00 | |
| 8/1/93 – 7/31/94 | Mon. 4/20/09 | Alameda Point #3 | 4:00 – 6:00 | |
| U17 Boys | Mon. 4/13/09 | Alameda Point #2 | 3:30 – 6:00 | (No U16 team in 2008) |
| Born between | Wed. 4/15/09 | Alameda Point #2 | 4:00 – 6:00 | |
| 8/1/92 – 7/31/93 | Mon. 4/20/09 | Alameda Point #2 | 4:00 – 6:00 | |
| U18 Boys- 2 teams | Mon. 4/13/09 | Alameda Point #3 | 5:30 – 8:00 | |
| Born between | Wed. 4/15/09 | Alameda Point #3 | 6:00 – 8:00 | |
| 8/1/91 - 7/31/92 | Mon. 4/20/09 | Alameda Point #3 | 6:00 – 8:00 | |
| U19 Boys | Mon. 4/13/09 | Alameda Point #2 | 5:30 – 8:00 | |
| Born between | Wed. 4/15/09 | Alameda Point #2 | 6:00 – 8:00 | |
| 8/1/89 - 7/31/93 | Mon. 4/20/09 | Alameda Point #2 | 6:00 – 8:00 | |

Coach's background and experience levels can be found at www.bayoaks.net.

Alameda Point (Formerly Naval Air Station) – Take the Alameda Tube toward Alameda. Upon entering the Alameda Tube, proceed straight to the first traffic light (Atlantic Avenue) and turn right. Follow Atlantic to the end and enter the Alameda Point station and go straight on Atlantic. At the end of Atlantic make a right on Ferry Point. Ferry Point curves left and turns into W. Tower Avenue. Follow W. Tower then make a right on Lexington and continue until you see the fields on your Left.

BAY OAKS 2009 TRYOUT SCHEDULE - (GIRLS TEAMS)

PLEASE CHECK THE BAY OAKS WEB SITE AT WWW.BAYOAKS.NET OR CALL: 510-812-6051 PRIOR TO YOUR TRYOUT DATE FOR ANY CHANGES IN DATES, START TIMES, FIELD CHANGES, OR POSSIBLE RAIN OUT.

TRY TO ATTEND ALL TRYOUTS DATES. PLEASE CONTACT THE COACHES IF YOU CANNOT ATTEND A TRYOUT. COACHES CONTACT INFO IS AVAILABLE AT WWW.BAYOAKS.NET. PLAYERS MUST WEAR SHIN GUARDS. Register free for try-outs at <http://www.sportability.com/bayoaks>

| AGE GROUP | DAY/DATE | PLACE | TIME |
|---------------------|----------------|------------------|-----------------------------------|
| U9 Girls - 2 teams | Sat. 2/28/09 | Alameda Point #3 | 9:30 – 12:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 10:00 – 12:00 |
| 8/1/00 – 7/31/02 | Mon. 3/02/09 | Alameda Point #3 | 4:00 – 6:00 |
| U10 Girls | Sat. 2/28/09 | Alameda Point #3 | 9:30 – 12:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 10:00 – 12:00 |
| 8/1/99 – 7/31/00 | Mon. 3/02/09 | Alameda Point #3 | 4:00 – 6:00 |
| U11 Girls | Sat. 2/28/09 | Alameda Point #3 | 11:30 – 2:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 12:00 – 2:00 |
| 8/1/98 – 7/31/99 | Tues. 3/03/09 | Alameda Point #3 | 4:00 – 6:00 |
| U12 Girls - 2 teams | Sat. 2/28/09 | Alameda Point #3 | 1:30 – 4:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 2:00 – 4:00 |
| 8/1/97 – 7/31/98 | Wed. 3/04/09 | Alameda Point #3 | 4:00 – 6:00 |
| U13 Girls -2 teams | Sat. 2/28/09 | Alameda Point #3 | 3:30 – 6:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 4:00 – 6:00 |
| 8/1/96 – 7/31/97 | Thurs. 3/05/09 | Alameda Point #3 | 4:00 – 6:00 |
| U14 Girls | Sat. 2/28/09 | Alameda Point #3 | 7:30 – 10:00 |
| Born between | Sun. 3/01/09 | Alameda Point #3 | 8:00 – 10:00 |
| 8/1/95 – 7/31/96 | Fri. 3/06/09 | Alameda Point #3 | 4:00 – 6:00 |
| U15 Girls - 2 teams | Tue. 4/14/09 | Alameda Point #3 | 3:30 – 6:00 |
| Born between | Thu. 4/16/09 | Alameda Point #3 | 4:00 – 6:00 |
| 8/1/94 – 7/31/95 | Tue. 4/21/09 | Alameda Point #3 | 4:00 – 6:00 |
| U16 Girls | Tue. 4/14/09 | Alameda Point #2 | 3:30 – 6:00 |
| Born between | Thu. 4/16/09 | Alameda Point #2 | 6:00 – 8:00 |
| 8/1/93 – 7/31/94 | Tue. 4/21/09 | Alameda Point #2 | 6:00 – 8:00 |
| U17 Girls | Tue. 4/14/09 | Alameda Point #3 | 5:30 – 8:00 |
| Born between | Thu. 4/16/09 | Alameda Point #3 | 6:00 – 8:00 |
| 8/1/92 – 7/31/93 | Tue. 4/21/09 | Alameda Point #3 | 6:00 – 8:00 |
| U18/19 Girls | Tue. 4/14/09 | Alameda Point #2 | 5:30 – 8:00 (No U17 team in 2008) |
| Born between | Thu. 4/15/09 | Alameda Point #2 | 6:00 – 8:00 |
| 8/1/90 - 7/31/92 | Tue. 4/21/09 | Alameda Point #2 | 6:00 – 8:00 |

Coach's background and experience levels can be found at www.bayoaks.net.

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**ALAMEDA SOCCER CLUB 2009
CLASS III TRYOUT
SCHEDULE
SATURDAY & SUNDAY, MARCH 7TH &
8TH**

PLAYERS MUST WEAR SHIN GUARDS AND BRING A BALL.
ARRIVE AT LEAST 15 MINUTES EARLY.
PRINT MEDICAL RELEASE AND BRING TO THE TRYOUT.
SCHEDULE IS SUBJECT TO CHANGE (PLEASE CHECK THE ALAMEDA SOCCER
CLUB WEBSITE PRIOR TO THE TRYOUTS www.alamedasoccer.org)

BOYS

| AGE GROUP | DAY/DATE | PLACE | TIME |
|--------------------------------------------------------|-------------------------|-----------------------|------------------|
| U10 Boys Born between 8/1/99 - 7/31/02 | Sat & Sun. 3/7 & 3/8 | Harrington | 9:00 - 10:30 am |
| U11 Boys Born between 8/1/98 – 7/31/99 | Sat & Sun. 3/7 & 3/8 | Lincoln Middle School | 9:00 - 10:30 am |
| U12 Boys Born between 8/1/97 – 7/31/98 | Sat & Sun. 3/7 & 3/8 | Lincoln Middle School | 11:00 - 12:30 pm |
| U14 Boys Born between 8/1/95 - 7/31/97 | Sat & Sun. 3/7 & 3/8 | Bayport | 1:30 - 3:00 pm |
| U16 Boys Born between 8/1/93 - 7/31/95 | Sat & Sun. 3/7 & 3/8 | Bayport | 11:00 - 12:30 pm |
| U19 Boys Born between 8/1/89-7/31/93 | Sat & Sun. 3/7 & 3/8 | Lincoln Middle School | 1:30 - 3:00 pm |

**ALAMEDA SOCCER CLUB 2009
CLASS III TRYOUT
SCHEDULE
SATURDAY & SUNDAY, MARCH 7TH & 8TH**

PLAYERS MUST WEAR SHIN GUARDS AND BRING A BALL.

ARRIVE AT LEAST 15 MINUTES EARLY.

PRINT MEDICAL RELEASE AND BRING TO THE TRYOUT.

SCHEDULE IS SUBJECT TO CHANGE (PLEASE CHECK THE ALAMEDA SOCCER CLUB WEBSITE PRIOR TO THE TRYOUTS www.alamedasoccer.org)

GIRLS

| AGE GROUP | DAY/DATE | PLACE | TIME |
|---------------------------------------------------------|-------------------------|-----------------------------|------------------|
| U10 Girls Born between 8/1/99 - 7/31/02 | Sat & Sun. 3/7 & 3/8 | Harrington | 11:00 - 12:30 pm |
| U11 Girls Born between 8/1/98 – 7/31/99 | Sat & Sun. 3/7 & 3/8 | Alameda Point Multi-Purpose | 9:00 - 10:30 am |
| U12 Girls Born between 8/1/97 – 7/31/98 | Sat & Sun. 3/7 & 3/8 | Alameda Point Multi-Purpose | 11:00 - 12:30 pm |
| U14 Girls Born between 8/1/95 - 7/31/97 | Sat & Sun. 3/7 & 3/8 | Alameda Point Multi-Purpose | 1:30 - 3:00 pm |
| U16 Girls Born between 8/1/93 - 7/31/95 | Sat & Sun. 3/7 & 3/8 | Harrington | 1:30 - 3:00 pm |
| U19 Girls Born between 8/1/89 - 7/31/93 | Sat & Sun. 3/7 & 3/8 | Bayport | 9:00 - 10:30 pm |

MONTCLAIR CLIPPERS 2009 TRYOUT SCHEDULE - (BOYS TEAMS)

**PLEASE CHECK THE MONTCLAIR SOCCER CLUB WEB SITE AT <http://www.montclairsoccer.org/>
PRIOR TO YOUR TRYOUT DATE FOR ANY CHANGES IN DATES, START TIMES, FIELD
CHANGES, OR POSSIBLE RAIN OUT.**

TRY TO ATTEND ALL TRYOUTS DATES. PLEASE ARRIVE 30 MINUTES EARLY TO REGISTER. TRYOUT REGISTRATION FORMS ARE AVAILABLE ON LINE. PLEASE CONTACT THE COACHES IF YOU CANNOT ATTEND A TRYOUT. COACHES CONTACT INFO IS AVAILABLE AT <http://www.montclairsoccer.org/>. PLAYERS MUST WEAR SHIN GUARDS.

| AGE GROUP | DAY/DATE | PLACE | TIME |
|----------------------------------|--------------|-----------------|----------------|
| U9 Boys* | Sat. 3/7/09 | Merritt College | 11:00 – 1:00pm |
| Born between 8/1/00 – 7/31/01 | Sun. 3/8/09 | Merritt College | 8:30 – 10:30am |
| U10 Boys - | Sat. 3/7/09 | Merritt College | 11:00 – 1:00pm |
| Born between 8/1/99 – 7/31/00 | Sun. 3/8/09 | Merritt College | 8:30 – 10:30am |
| U11 Boys - | Sat. 3/7/09 | Merritt College | 4:00 – 6:00pm |
| Born between 8/1/98 – 7/31/99 | Sun. 3/7/09 | Merritt College | 1:30 – 3:30pm |
| U12 Boys - | Sat. 3/7/09 | Merritt College | 4:00 – 6:00pm |
| Born between 8/1/97 – 7/31/98 | Sun. 3/8/09 | Merritt College | 1:30 – 3:30pm |
| U13 Boys - | Sat. 3/21/09 | Merritt College | 11:00 – 1:00pm |
| Born between 8/1/96 – 7/31/97 | Sun. 3/22/09 | Merritt College | 8:30 – 10:30am |
| U14 Boys - | Sat. 3/21/09 | Merritt College | 11:00 – 1:00pm |
| Born between 8/1/95 – 7/31/96 | Sun. 3/22/09 | Merritt College | 8:30 – 10:30am |
| U16 Boys | Sat. 3/21/09 | Merritt College | 4:00 – 6:00pm |
| Born between 8/1/93 – 7/31/95 | Sun. 3/22/09 | Merritt College | 1:30 – 3:30pm |
| U19 Boys - | Sat. 3/21/09 | Merritt College | 4:00 – 6:00pm |
| Born between 8/1/90 – 7/31/93 | Sun. 3/22/09 | Merritt College | 1:30 – 3:30pm |

* Developmental Team that will play Class IV Recreational Flight

Coaches will be posted at <http://www.montclairsoccer.org/>.

MERRITT COLLEGE Directions: Take I-580 to the 35th Avenue exit. Proceed east on 35th Avenue towards the hills. At the Warren Freeway (Highway 13) 35th Avenue becomes Redwood Road. Continue on Redwood Road up the hill and turn right at the second stoplight onto Campus Drive. After about a quarter mile, turn left onto the College grounds. Take the second left to enter a series of parking lots. On weekends, you may use any of the white painted spaces not reserved for special use. Bring two quarters to buy a parking permit, which must be placed on your dashboard (not required on Sunday). Walk across the basketball courts and up the ramp to the soccer fields or use the stairs from the innermost lot. The Deputy Sheriff will ticket improperly parked cars. **ABSOLUTELY NO DOGS ALLOWED!** Field #2 is the U14-and-up field to the right, closest to the football field. Field #4 is the Turf Field

MONTCLAIR CLIPPERS 2009 TRYOUT SCHEDULE - (GIRLS TEAMS)

PLEASE CHECK THE MONTCLAIR SOCCER CLUB WEB SITE AT <http://www.montclairsoccer.org/> PRIOR TO YOUR TRYOUT DATE FOR ANY CHANGES IN DATES, START TIMES, FIELD CHANGES, OR POSSIBLE RAIN OUT.

TRY TO ATTEND ALL TRYOUTS DATES. PLEASE ARRIVE 30 MINUTES EARLY TO REGISTER. TRYOUT REGISTRATION FORMS ARE AVAILABLE ON LINE. PLEASE CONTACT THE COACHES IF YOU CANNOT ATTEND A TRYOUT. COACHES CONTACT INFO IS AVAILABLE AT <http://www.montclairsoccer.org/>. PLAYERS MUST WEAR SHIN GUARDS.

| AGE GROUP | DAY/DATE | PLACE | TIME |
|----------------------------------|--------------|-----------------|----------------|
| U9 Girls* | Sat. 3/7/09 | Merritt College | 1:30 – 3:30pm |
| Born between 8/1/00 – 7/31/01 | Sun. 3/8/09 | Merritt College | 4:00 – 6:00pm |
| U10 Girls- | Sat. 3/7/09 | Merritt College | 1:30 – 3:30pm |
| Born between 8/1/99 – 7/31/00 | Sun. 3/8/09 | Merritt College | 4:00 – 6:00pm |
| U11 Girls- | Sat. 3/7/09 | Merritt College | 8:30 – 10:30am |
| Born between 8/1/98 – 7/31/99 | Sun. 3/8/09 | Merritt College | 11:00 – 1:00pm |
| U12 Girls- | Sat. 3/7/09 | Merritt College | 8:30 – 10:30am |
| Born between 8/1/97 – 7/31/98 | Sun. 3/8/09 | Merritt College | 11:00 – 1:00pm |
| U13 Girls- | Sat. 3/21/09 | Merritt College | 1:30 – 3:30pm |
| Born between 8/1/96 – 7/31/97 | Sun. 3/22/09 | Merritt College | 4:00 – 6:00pm |
| U14 Girls- | Sat. 3/21/09 | Merritt College | 1:30 – 3:30pm |
| Born between 8/1/95 – 7/31/96 | Sun. 3/22/09 | Merritt College | 4:00 – 6:00pm |
| U16 Girls | Sat. 3/21/09 | Merritt College | 8:30 – 10:30am |
| Born between 8/1/93 – 7/31/95 | Sun. 3/22/09 | Merritt College | 11:00 – 1:00pm |
| U19 Girls- | Sat. 3/21/09 | Merritt College | 8:30 – 10:30am |
| Born between 8/1/90 – 7/31/93 | Sun. 3/22/09 | Merritt College | 11:00 – 1:00pm |

* Developmental Team that will play Class IV Recreational Flight

Coaches will be posted at <http://www.montclairsoccer.org/>.

MERRITT COLLEGE Directions: Take I-580 to the 35th Avenue exit. Proceed east on 35th Avenue towards the hills. At the Warren Freeway (Highway 13) 35th Avenue becomes Redwood Road. Continue on Redwood Road up the hill and turn right at the second stoplight onto Campus Drive. After about a quarter mile, turn left onto the College grounds. Take the second left to enter a series of parking lots. On weekends, you may use any of the white painted spaces not reserved for special use. Bring two quarters to buy a parking permit, which must be placed on your dashboard (not required on Sunday). Walk across the basketball courts and up the ramp to the soccer fields or use the stairs from the innermost lot. The Deputy Sheriff will ticket improperly parked cars. **ABSOLUTELY NO DOGS ALLOWED!** Field #2 is the U14-and-up field to the right, closest to the football field. Field #4 is the Turf Field

**OAKLAND SOCCER CLUB 2009
CLASS III TRYOUT SCHEDULE
SUNDAY, MARCH 8TH**

**PLAYERS MUST WEAR SHIN GUARDS AND BRING A BALL AND WATER.
ARRIVE AT LEAST 15 MINUTES EARLY.
PRINT MEDICAL RELEASE AND BRING TO THE TRYOUT.
SCHEDULE IS SUBJECT TO CHANGE.
PLEASE CHECK THE OAKLAND SOCCER CLUB WEBSITE
PRIOR TO THE TRYOUTS:
www.oaklandsoccer.org**

| AGE | DAY/DATE | PLACE | TIME |
|--------------------|-----------------|---------------------|---------------|
| Boys 13 and under | Sunday, March 8 | Skyline High School | 9:00-10:30 AM |
| Boys 14-18 | Sunday, March 8 | Skyline High School | 10:30-NOON |
| Girls 13 and under | Sunday, March 8 | Skyline High School | 9:00-10:30 AM |
| Girls 14-18 | Sunday, March 8 | Skyline High School | 10:30-NOON |

DIRECTIONS

Skyline High School is located at 12250 Skyline Blvd., Oakland, CA 94619.

Field parking is in the lower part of campus, near the entrance gate.

Traveling on I-580 E toward Hayward/Stockton - Take the exit toward CA-13/ Seminary Ave./Warren Freeway and travel 0.2 miles. Turn left onto Davenport Ave then immediately turn right onto Mountain Ave. Proceed 0.2 miles then merge onto CA-13 N via the ramp on the left. Proceed 0.6 miles then take the Carson St. exit. The ramp becomes Mountain Blvd. Proceed 0.1 miles then turn right onto Redwood Road. Proceed 1.1 miles then turn right onto Skyline Blvd. Proceed 0.3 miles then turn left into the gate of Skyline High School.

Traveling on I-580 W toward downtown Oakland - Take CA-13 N toward Berkeley and follow the directions below.

Traveling on CA-13 N toward Berkeley -Take the Carson St. exit. The ramp becomes Mountain Blvd. Proceed 0.1 miles then turn right onto Redwood Road. Proceed 1.1 miles then turn right onto Skyline Blvd. Proceed 0.3 miles then turn left into the gate of Skyline High School.

Traveling on CA-13 S toward Hayward - Take the Redwood Road exit. Turn left onto Redwood Road then travel 1.3 miles. Turn right onto Skyline Blvd. and proceed 0.3 miles. Turn left into the gate of Skyline High School.



Piedmont Highlanders 2009 Tryout Schedule

Please go to the Piedmont Soccer Club web site at www.piedmontsoccer.org for final schedule, coaches and start times

| Age group | Day/ Date | Place | Time |
|-----------------------|-----------------------------------------------------|------------------|-------------------|
| U9 Boys U9 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U10 Boys U10 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U11 Boys U11 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U12 Boys U12 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U13 Boys U13 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U14 Boys U14 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U16 Boys U16 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |
| U19 Boys U19 Girls | Two evenings during 3/9 - 3/12 or 3/16 - 3/19 | Alameda Point | 5:00 pm - 7:00 pm |

Players must wear soccer cleats and shin guards.

ROCKRIDGE SOCCER CLUB 2009 CLASS III STING TRYOUT SCHEDULE

PLAYERS MUST WEAR SHIN GUARDS AND BRING A BALL

PLEASE ARRIVE AT LEAST 20 MINUTES EARLY. PRINT THE MEDICAL RELEASE AND PLAYER INFO SHEET FROM OUR WEBSITE AND BRING THEM TO THE TRYOUT

PLEASE CHECK THE ROCKRIDGE SOCCER WEB SITE AT WWW.ROCKRIDGESOCCER.ORG PRIOR TO YOUR TRYOUT DATE FOR ANY CHANGES IN DATES, START TIMES, FIELD CHANGES, OR POSSIBLE RAIN OUT

All tryouts are March 7 and 8 at Mills College in Oakland. Each player should plan on attending both days of tryouts.

BOYS

| AGE GROUP | DATE | PLACE | TIME | COACH |
|--------------------------------|---------|---------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| U10 Boys Born after 7/31/99 | Sat 3/7 | Mills College | 12:30-2:00 PM | TBD |
| | Sun 3/8 | Mills College | 12:30-2:00 PM | |
| U11 Boys Born after 7/31/98 | Sat 3/7 | Mills College | 9:30-11:00 AM | Coach: Blaise Curet Email: bcuret@sdmp.com |
| | Sun 3/8 | Mills College | 9:30-11:00 AM | |
| U12 Boys Born after 7/31/97 | Sat 3/7 | Mills College | 8:00-9:30 AM | Coach: Sheryl Bregman Email: Sheryl_bregman@hotmail.com |
| | Sun 3/8 | Mills College | 4:45-6:00 PM | |
| U13 Boys Born after 7/31/96 | Sat 3/7 | Mills College | 8:00-9:30 AM | Coach: Steve Clemens Email: clemens13@comcast.net |
| | Sun 3/8 | Mills College | 4:45-6:00 PM | |
| U14 Boys Born after 7/31/95 | Sat 3/7 | Mills College | 2:00-3:15 PM | Coach: Eric Sippel Email: eric@ebcm.biz |
| | Sun 3/8 | Mills College | 2:00-3:15 PM | |
| U19 Boys Born after 7/31/90 | Sat 3/7 | Mills College | 3:15-4:45 PM | Dan Lindheim dlindheim@comcast.net Steve Zieff sgz@rezlaw.com We may have two teams at this age group |
| | Sun 3/8 | Mills College | 3:15-4:45 PM | |

GIRLS

| | | | | |
|---------------------------------|---------|---------------|----------------|-------------------------------------------------------------------------------------------------------|
| U10 Girls Born after 7/31/99 | Sat 3/7 | Mills College | 12:30-2:00 PM | tbd |
| | Sun 3/8 | Mills College | 12:30-2:00 PM | |
| U11 Girls Born after 7/31/98 | Sat 3/7 | Mills College | 11:00-12:30 PM | Mike Voitalla Email: mike@socceramerica.com |
| | Sun 3/8 | Mills College | 11:00-12:30 PM | |
| U12 Girls Born after 7/31/97 | Sat 3/7 | Mills College | 11:00-12:30 PM | Stacey Ver Email: veroak@pacbell.net |
| | Sun 3/8 | Mills College | 11:00-12:30 PM | |
| U13 Girls Born after 7/31/96 | Sat 3/7 | Mills College | 9:30-11:00 AM | Jessica Wyatt Email: jesswyatt@sbcglobal.net |
| | Sun 3/8 | Mills College | 9:30-11:00 AM | |
| U15 Girls Born after 7/31/94 | Sat 3/7 | Mills College | 4:45-6:00 PM | Chris Remer and Tom Hornig Email: tomhornig@comcast.net |
| | Sun 3/8 | Mills College | 8:00-9:30 AM | |
| U19 Girls Born after 7/31/90 | Sat 3/7 | Mills College | 2:00-3:15 PM | Michael Greening Email: mtgreening@att.net |
| | Sun 3/8 | Mills College | 2:00-3:15 PM | |

*If a player cannot attend a tryout, please try to contact the coach or email Eric Sippel, Rockridge Class III Coordinator, at Class3@rockridgesoccer.org. We will try but may not be able to accommodate you.

Mills College is located immediately off of Highway 580 in Oakland at the junction of 580 (MacArthur Freeway) and Highway 13 (Warrant Freeway). There are three MacArthur Blvd exits from 580 east, so please follow the directions carefully.

From the North: Take I-580 east toward Hayward/Stockton. Take the MacArthur Blvd. exit between the High St. and Seminary Ave. exits. Bear right onto MacArthur Blvd. Mills' front gate is immediately ahead on your left. The soccer field is just ahead on your left.

From the South: Take I-580 west to the MacArthur Blvd./High St. exit just past the junction with Highway 13. Turn left at the stop sign and proceed under the freeway overpass. Turn left at the stoplight onto MacArthur Blvd. Mills' front gate is immediately ahead on your left. The soccer field is just ahead on your left.

Please be respectful of parking and speed limit restrictions. All participants must park in the parking lot to the direct right of the entrance. (No one should park at the Julia Morgan School or on the street. The College is very sensitive to the parking issue.)